

KINDERGARTEN · WORKBOOK

# Pre-Writing & First Words

Lines, curves and zigzags, then first words and sentences.

FREE  
NO SIGN-UP



**100% FREE PDF**

20 pages · syllabus · answer key included



[printableworksheetsforkids.pages.dev](http://printableworksheetsforkids.pages.dev)

# Pre-Writing & First Words



Strong pencil control comes before neat letters. These pages build the hand skills and then connect them to first words and sentences.

## How to use this workbook

Work through the chapters in order, or jump to the skill your child needs most.  
Each skill has three different sheets (A, B and C) so you can practise, review and test.  
Do one or two sheets a day. Short, regular practice works better than long sessions.  
Check answers using the answer key at the back of the book, then talk about any mistakes.  
Print the pages you need on A4 or Letter paper; scale to fit if your printer asks.

## What your child will learn

Tracing Lines (Pre-Writing)  
Tracing Curves and Circles  
Tracing Zigzags and Crosses  
Picture Words: Animals

Picture Words: Food  
I See... Sentences  
Feelings and Emotions  
Good Manners and Rules

This workbook is free to print for home and classroom use. It may not be sold or republished. More free books and worksheets: [printableworksheetsforkids.pages.dev](https://printableworksheetsforkids.pages.dev)

---

# Syllabus: what is inside

---

**Welcome and how to use this book****p. 1**

How the workbook works and what your child will learn

**1 Pencil control****p. 3–5**

Tracing Lines (Pre-Writing) · Tracing Curves and Circles · Tracing Zigzags and Crosses

**2 First words****p. 6–14**

Picture Words: Animals · Picture Words: Food · I See... Sentences

**3 Feelings and manners****p. 15–20**

Feelings and Emotions · Good Manners and Rules

**Answer key****p. 21**

Answers for every sheet in the book



## Tracing Lines (Pre-Writing)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Trace each line with a pencil from left to right, then keep going on the dotted line.

1 | | | | | | | | |

\_\_\_\_\_

2 | | | | | | | | |

\_\_\_\_\_

3 - - - - -

\_\_\_\_\_

4 - - - - -

\_\_\_\_\_

5 / / / / / / / / /

\_\_\_\_\_

6 / / / / / / / / /

\_\_\_\_\_

7 \ \ \ \ \ \ \ \ \

\_\_\_\_\_

8 \ \ \ \ \ \ \ \ \

\_\_\_\_\_



## Tracing Curves and Circles

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Trace each line with a pencil from left to right, then keep going on the dotted line.

1 ○ ○ ○ ○ ○

\_\_\_\_\_

2 ○ ○ ○ ○ ○

\_\_\_\_\_

3 U U U U U U

\_\_\_\_\_

4 U U U U U U

\_\_\_\_\_

5 ∩ ∩ ∩ ∩ ∩ ∩

\_\_\_\_\_

6 ∩ ∩ ∩ ∩ ∩ ∩

\_\_\_\_\_

7 ~ ~ ~ ~ ~ ~ ~

\_\_\_\_\_

8 ~ ~ ~ ~ ~ ~ ~

\_\_\_\_\_



## Tracing Zigzags and Crosses

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Trace each line with a pencil from left to right, then keep going on the dotted line.

1 V V V V V

\_\_\_\_\_

2 V V V V V

\_\_\_\_\_

3 ^ ^ ^ ^ ^

\_\_\_\_\_

4 ^ ^ ^ ^ ^

\_\_\_\_\_

5 + + + + +

\_\_\_\_\_

6 + + + + +

\_\_\_\_\_

7 x x x x x

\_\_\_\_\_

8 x x x x x

\_\_\_\_\_



## Picture Words: Animals

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Write the word for each picture. Word bank: **bear** · **bee** · **bird** · **butterfly** · **cat** · **cow** · **dog** · **duck** · **fish** · **frog** · **pig** · **sheep**

1



2



3



4



5



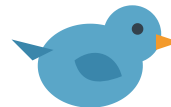
6



7



8



9



10



11



12





## Picture Words: Animals

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Write the word for each picture. Word bank: **bear** · **bee** · **bird** · **butterfly** · **cat** · **cow** · **dog** · **duck** · **fish** · **frog** · **pig** · **sheep**

1



2



3



4



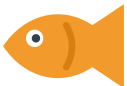
5



6



7



8



9



10



11



12





## Picture Words: Animals

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Write the word for each picture. Word bank: **bear** · **bee** · **bird** · **butterfly** · **cat** · **cow** · **dog** · **duck** · **fish** · **frog** · **pig** · **sheep**

1



2



3



4



5



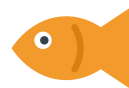
6



7



8



9



10



11



12



★ Picture Words: Food

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Write the word for each picture. Word bank: **apple** · **banana** · **cake** · **carrot** · **egg** · **grapes** · **icecream** · **orange** · **strawberry** · **watermelon**

1




2




3




4




5




6




7




8




9




10



★ Picture Words: Food

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Write the word for each picture. Word bank: **apple · banana · cake · carrot · egg · grapes · icecream · orange · strawberry · watermelon**

1




2




3




4




5




6




7




8




9




10



★ Picture Words: Food

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Write the word for each picture. Word bank: **apple** · **banana** · **cake** · **carrot** · **egg** · **grapes** · **icecream** · **orange** · **strawberry** · **watermelon**

1




2




3




4




5




6




7




8




9




10



 I See... Sentences

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Look at the picture. Write the word to finish the sentence.

1



I see a  .

2



I see a  .

3



I see a  .

4



I see a  .

5



I see a  .

6



I see a  .

7



I see a  .

8



I see a  .

 I See... Sentences

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Look at the picture. Write the word to finish the sentence.

1



I see a  .

2



I see a  .

3



I see a  .

4



I see a  .

5



I see a  .

6



I see a  .

7



I see a  .

8



I see a  .

## I See... Sentences

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_

Look at the picture. Write the word to finish the sentence.

1



I see a  .

2



I see a  .

3



I see a  .

4



I see a  .

5



I see a  .

6



I see a  .

7



I see a  .

8



I see a  .



### Feelings and Emotions

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Read (or listen to) each sentence. Tick the best word.

1

Leo breaks a toy by accident and says sorry. How does the child feel, or what are they being?

☐ A sneaky ☐ B grumpy ☐ C honest

2

Kenji's tower falls over and he tries again. How does the child feel, or what are they being?

☐ A determined ☐ B rude ☐ C tired

3

Omar is told he must wait for his turn. How does the child feel, or what are they being?

☐ A patient ☐ B loud ☐ C rude

4

Sam gets a surprise puppy. How does the child feel, or what are they being?

☐ A happy ☐ B angry ☐ C bored

5

Lina hears a loud noise in the dark. How does the child feel, or what are they being?

☐ A silly ☐ B scared ☐ C proud

6

Aisha helps her friend pick up spilled crayons. How does the child feel, or what are they being?

☐ A lazy ☐ B mean ☐ C kind

7

Mia drops her ice cream and cries. How does the child feel, or what are they being?

☐ A sleepy ☐ B sad ☐ C happy

8

Zara shares her snack with a new classmate. How does the child feel, or what are they being?

☐ A shy ☐ B greedy ☐ C kind



## Feelings and Emotions

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Read (or listen to) each sentence. Tick the best word.

1

Zara shares her snack with a new classmate. How does the child feel, or what are they being?

☐ A shy ☐ B kind ☐ C greedy

2

Lina hears a loud noise in the dark. How does the child feel, or what are they being?

☐ A silly ☐ B proud ☐ C scared

3

Leo breaks a toy by accident and says sorry. How does the child feel, or what are they being?

☐ A honest ☐ B grumpy ☐ C sneaky

4

Kenji's tower falls over and he tries again. How does the child feel, or what are they being?

☐ A rude ☐ B tired ☐ C determined

5

Aisha helps her friend pick up spilled crayons. How does the child feel, or what are they being?

☐ A mean ☐ B kind ☐ C lazy

6

Omar is told he must wait for his turn. How does the child feel, or what are they being?

☐ A loud ☐ B patient ☐ C rude

7

Mia drops her ice cream and cries. How does the child feel, or what are they being?

☐ A sad ☐ B sleepy ☐ C happy

8

Sam gets a surprise puppy. How does the child feel, or what are they being?

☐ A bored ☐ B happy ☐ C angry



## Feelings and Emotions

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Read (or listen to) each sentence. Tick the best word.

1

Kenji's tower falls over and he tries again. How does the child feel, or what are they being?

☐ A tired ☐ B determined ☐ C rude

2

Zara shares her snack with a new classmate. How does the child feel, or what are they being?

☐ A shy ☐ B kind ☐ C greedy

3

Leo breaks a toy by accident and says sorry. How does the child feel, or what are they being?

☐ A grumpy ☐ B sneaky ☐ C honest

4

Mia drops her ice cream and cries. How does the child feel, or what are they being?

☐ A happy ☐ B sad ☐ C sleepy

5

Lina hears a loud noise in the dark. How does the child feel, or what are they being?

☐ A proud ☐ B silly ☐ C scared

6

Omar is told he must wait for his turn. How does the child feel, or what are they being?

☐ A rude ☐ B loud ☐ C patient

7

Sam gets a surprise puppy. How does the child feel, or what are they being?

☐ A angry ☐ B bored ☐ C happy

8

Aisha helps her friend pick up spilled crayons. How does the child feel, or what are they being?

☐ A mean ☐ B kind ☐ C lazy



## Good Manners and Rules

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Tick the best answer.

1 When I finish playing, I should...

☐ A hide ☐ B leave a mess ☐ C tidy up

3 If I feel angry, I can...

☐ A take deep breaths ☐ B hit ☐ C scream

5 If a friend falls over, I should...

☐ A help them ☐ B laugh ☐ C ignore

7 The magic words are...

☐ A please and thank you ☐ B give me

☐ C no way

2 When I cough, I should...

☐ A cover my mouth ☐ B shout ☐ C laugh

4 If I want a toy someone else is using, I should...

☐ A grab it ☐ B cry ☐ C ask politely

6 After I use the toilet, I should...

☐ A run away ☐ B wash my hands

☐ C sit down

8 When someone is talking, I should...

☐ A listen quietly ☐ B shout

☐ C walk away



## Good Manners and Rules

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Tick the best answer.

1

After I use the toilet, I should...

- ☐ A sit down ☐ B run away  
☐ C wash my hands

3

If a friend falls over, I should...

- ☐ A ignore ☐ B help them ☐ C laugh

5

When I finish playing, I should...

- ☐ A tidy up ☐ B hide ☐ C leave a mess

7 When I cough, I should...

- ☐ A shout ☐ B cover my mouth ☐ C laugh

2 The magic words are...

- ☐ A please and thank you ☐ B give me  
☐ C no way

4

If I want a toy someone else is using, I should...

- ☐ A cry ☐ B grab it ☐ C ask politely

6 If I feel angry, I can...

- ☐ A scream ☐ B hit ☐ C take deep breaths

8

When someone is talking, I should...

- ☐ A walk away ☐ B shout  
☐ C listen quietly



## Good Manners and Rules

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

Tick the best answer.

1

When I finish playing, I should...

☐ A hide ☐ B tidy up ☐ C leave a mess

2

If I want a toy someone else is using, I should...

☐ A ask politely ☐ B grab it ☐ C cry

3

After I use the toilet, I should...

☐ A run away ☐ B wash my hands

☐ C sit down

4

When I cough, I should...

☐ A laugh ☐ B cover my mouth ☐ C shout

5

When someone is talking, I should...

☐ A shout ☐ B listen quietly

☐ C walk away

6

If a friend falls over, I should...

☐ A ignore ☐ B laugh ☐ C help them

7 If I feel angry, I can...

☐ A take deep breaths ☐ B scream ☐ C hit

8

The magic words are...

☐ A give me ☐ B please and thank you

☐ C no way

**Ch. 1 · Tracing Lines (Pre-Writing)**

- |          |          |          |          |
|----------|----------|----------|----------|
| 1. trace | 3. trace | 5. trace | 7. trace |
| 2. trace | 4. trace | 6. trace | 8. trace |

**Ch. 1 · Tracing Curves and Circles**

- |          |          |          |          |
|----------|----------|----------|----------|
| 1. trace | 3. trace | 5. trace | 7. trace |
| 2. trace | 4. trace | 6. trace | 8. trace |

**Ch. 1 · Tracing Zigzags and Crosses**

- |          |          |          |          |
|----------|----------|----------|----------|
| 1. trace | 3. trace | 5. trace | 7. trace |
| 2. trace | 4. trace | 6. trace | 8. trace |

**Ch. 2 · Picture Words: Animals – Sheet A**

- |              |         |         |           |
|--------------|---------|---------|-----------|
| 1. butterfly | 4. dog  | 7. bee  | 10. sheep |
| 2. fish      | 5. duck | 8. bird | 11. pig   |
| 3. frog      | 6. cat  | 9. cow  | 12. bear  |

**Ch. 2 · Picture Words: Animals – Sheet B**

- |         |              |          |          |
|---------|--------------|----------|----------|
| 1. cat  | 4. butterfly | 7. fish  | 10. duck |
| 2. bee  | 5. dog       | 8. cow   | 11. bird |
| 3. bear | 6. pig       | 9. sheep | 12. frog |

**Ch. 2 · Picture Words: Animals – Sheet C**

- |              |          |         |         |
|--------------|----------|---------|---------|
| 1. bear      | 4. sheep | 7. pig  | 10. bee |
| 2. frog      | 5. bird  | 8. fish | 11. cat |
| 3. butterfly | 6. duck  | 9. dog  | 12. cow |

**Ch. 2 · Picture Words: Food – Sheet A**

- |           |               |               |            |
|-----------|---------------|---------------|------------|
| 1. grapes | 4. watermelon | 7. strawberry | 10. orange |
| 2. banana | 5. icecream   | 8. carrot     |            |
| 3. apple  | 6. egg        | 9. cake       |            |

**Ch. 2 · Picture Words: Food – Sheet B**

- |               |             |               |            |
|---------------|-------------|---------------|------------|
| 1. grapes     | 4. banana   | 7. cake       | 10. orange |
| 2. apple      | 5. carrot   | 8. watermelon |            |
| 3. strawberry | 6. icecream | 9. egg        |            |

**Ch. 2 · Picture Words: Food – Sheet C**

- |               |           |               |              |
|---------------|-----------|---------------|--------------|
| 1. watermelon | 4. cake   | 7. egg        | 10. icecream |
| 2. orange     | 5. carrot | 8. strawberry |              |
| 3. grapes     | 6. apple  | 9. banana     |              |

**Ch. 2 · I See... Sentences – Sheet A**

- |           |        |         |         |
|-----------|--------|---------|---------|
| 1. star   | 3. cat | 5. tree | 7. bird |
| 2. flower | 4. car | 6. fish | 8. sun  |

**Ch. 2 · I See... Sentences – Sheet B**

- |           |         |          |         |
|-----------|---------|----------|---------|
| 1. ball   | 3. star | 5. house | 7. bird |
| 2. flower | 4. fish | 6. dog   | 8. tree |

**Ch. 2 · I See... Sentences – Sheet C**

- |          |         |        |         |
|----------|---------|--------|---------|
| 1. book  | 3. tree | 5. dog | 7. bird |
| 2. house | 4. star | 6. sun | 8. cat  |

**Ch. 3 · Feelings and Emotions – Sheet A**

- |                   |                |               |             |
|-------------------|----------------|---------------|-------------|
| 1. C – honest     | 3. A – patient | 5. B – scared | 7. B – sad  |
| 2. A – determined | 4. A – happy   | 6. C – kind   | 8. C – kind |

**Ch. 3 · Feelings and Emotions – Sheet B**

- |               |                   |                |              |
|---------------|-------------------|----------------|--------------|
| 1. B – kind   | 3. A – honest     | 5. B – kind    | 7. A – sad   |
| 2. C – scared | 4. C – determined | 6. B – patient | 8. B – happy |

**Ch. 3 · Feelings and Emotions – Sheet C**

- |                   |               |                |              |
|-------------------|---------------|----------------|--------------|
| 1. B – determined | 3. C – honest | 5. C – scared  | 7. C – happy |
| 2. B – kind       | 4. B – sad    | 6. C – patient | 8. B – kind  |

**Ch. 3 · Good Manners and Rules – Sheet A**

- |                       |                          |                      |                             |
|-----------------------|--------------------------|----------------------|-----------------------------|
| 1. C – tidy up        | 3. A – take deep breaths | 5. A – help them     | 7. A – please and thank you |
| 2. A – cover my mouth | 4. C – ask politely      | 6. B – wash my hands | 8. A – listen quietly       |

**Ch. 3 · Good Manners and Rules – Sheet B**

- |                             |                     |                          |                       |
|-----------------------------|---------------------|--------------------------|-----------------------|
| 1. C – wash my hands        | 3. B – help them    | 5. A – tidy up           | 7. B – cover my mouth |
| 2. A – please and thank you | 4. C – ask politely | 6. C – take deep breaths | 8. C – listen quietly |

**Ch. 3 · Good Manners and Rules – Sheet C**

- |                     |                       |                       |                             |
|---------------------|-----------------------|-----------------------|-----------------------------|
| 1. B – tidy up      | 3. B – wash my hands  | 5. B – listen quietly | 7. A – take deep breaths    |
| 2. A – ask politely | 4. B – cover my mouth | 6. C – help them      | 8. B – please and thank you |